



# MEXICAN OZONE CONGRESS

English translation of the spanish program, seen under  
<http://www.rubiopharma.com/seminarios.asp>

## OZONE IN MEDICINE: THE LOW DOSE OZONE CONCEPT

### Guidelines and Treatment Strategies

September 1, 2012: 9.00 am – 19.00 pm

9.00 am – 13.00 pm

#### I. INTRODUCTION AND BACKGROUND OF MEDICAL OZONE

**Dr. Renate Viebahn / Prof. Dr. Olga León**

Ozone as a hormetic substance.  
Toxicity vs therapeutical benefit.  
Ozone as a bioregulator.

Guidelines for the use of ozone in medicine

#### II. SCIENTIFIC BACKGROUND. PHARMACOLOGICAL EFFECTS AND MECHANISMS OF ACTION

**Prof. Dr. Olga León**

The classical indications of ozone therapy in animals, cell models and clinical studies

#### III. INDICATIONS OF MEDICAL OZONE: CLINICAL STUDIES AND RESEARCH PROJECTS

**Prof. Nabil Mawsouf / Dr. Renate Viebahn**

Diabetes: diabetic foot, diabetic angiopathia. Clinical results and treatment strategies

Viral diseases

Hepatitis: Clinical studies in hepatitis C/B and treatment protocols

Herpes zoster, post zoster neuralgia

Complementary oncology: rationale and treatment protocols

15.00 – 19.00 PM

### PRACTICAL PART 1

**Prof. Nabil Mawsouf / Dr. Heinrich Habig / Dr. Susanne Rodekohr / Fatima Habig**

Systemic and topical treatment procedures; treatment strategies and protocols.  
Complementary concepts: Ozone / homotoxicology / Vitamin infusions / homeopathy

September 2, 2012: 9.00 am – 18.00 pm

9.00 am -13.00 pm

### IV PAIN MANAGEMENT

**Prof. Dr. Ziad Fahmy, Prof. Dr. Olga León, Dr. Susanne Rodekohr, Dr. Heinrich Habig**

Rheumatology, Rheumatoid arthritis, Myofascial pain syndrome

Fibromyalgia, triggerpoints, tenderpoints,  
Acupuncture  
Disc hernia

14.00 pm – 18 pm

### PRACTICAL PART 2

**Prof. Dr. Ziad Fahmy, Dr. Susanne Rodekohr, Dr. Heinrich Habig, Dr. Renate Viebahn**

Pain management, special injection techniques: intraarticular, triggerpoints, tenderpoints, acupunctur points  
Combination with other therapies such as local anesthetic (neural therapy)  
mesotherapy and acupuncture

#### Round table

**Prof. Dr. Ziad Fahmy, Dr. Renate Viebahn, Prof. Nabil Mawsouf**

Guidelines: Dosis, concentrations and treatment frequencies

For detailed information please get in touch:  
<http://www.rubiopharma.com/seminarios.asp>